









# NOVEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> <b>Romp &amp; Rhyme</b> 9:00 to 11:00	<b>2</b> <b>Sensory Play</b> 9:00 to 10:00  <b>Let's Play</b> 10:00 to 11:30 1:00 to 3:00	<b>3</b> <b>Little Chef's</b> 9:00 to 11:00   <b>Babysitter</b> MEET & GREET 3:00 to 5:00	
<b>5</b>	<b>6</b> <b>Baby Massage</b> <i>(Registered Program)</i> 12:00 to 12:45  <b>Busy Babies</b> 1:30 to 3:00	<b>7</b> <b>Let's Play</b> 9:00 to 11:30 1:00 to 3:00	<b>8</b> <b>Romp &amp; Rhyme</b> 9:00 to 11:00 pm  <b>Family Fun Night</b> <i>*ASQ Developmental Screenings*</i> 4:00 to 6:00 	<b>9</b> <b>Wiggle Worms</b> 9:00 to 10:00 <b>Let's Play</b> 10:00 to 11:30 1:00 to 3:00  <i>*Toy Exchange Begins*</i>	<b>10</b> <b>Movie @ the Red Brick Arts Centre Theatre</b> 1:00 to 3:00 	<b>11</b>
<b>12</b>	<b>13</b> <b>Closed for Remembrance Day</b>  Lest We Forget	<b>14</b> <b>Let's Play</b> 9:00 to 11:30 1:00 to 3:00	<b>15</b> <b>Romp &amp; Rhyme</b> 9:00 to 11:00	<b>16</b> <b>Sensory Play</b> 9:00 to 10:00 <b>Let's Play</b> 10:00 to 11:30  <b>Life After Baby</b> 1:00 to 3:00	<b>17</b> <b>Parent Café</b> 9:00 to 11:00 <i>*Look what I made*</i>	<b>18</b> <b>Dad-urday</b> 9:30 to 11:30
<b>19</b>	<b>20</b> <b>Baby Massage</b> <i>(Registered Program)</i> 12:00 to 12:45  <b>Busy Babies</b> 1:30 to 3:00 <i>*Special Guest*</i>	<b>21</b> <b>Let's Play</b> 9:00 to 11:30 1:00 to 3:00	<b>22</b> <b>Tickles &amp; Tales</b> 9:00 to 11:00	<b>23</b> <b>Wiggle Worms</b> 9:00 to 10:00  <b>Let's Play</b> 10:00 to 11:30 1:00 to 3:00  <i>*Toy Exchange Ends*</i>	<b>24</b> <b>Friday Play Time</b> 9:00 to 11:00	<b>25</b>
<b>26</b>	<b>27</b> <b>Baby Massage</b> <i>(Registered Program)</i> 12:00 to 12:45  <b>Busy Babies</b> 1:30 to 3:00	<b>28</b> <b>Let's Play</b> 9:00 to 11:30 1:00 to 3:00	<b>29</b> <b>Romp &amp; Rhyme</b> 9:00 to 11:00	<b>30</b> <b>Sensory Play</b> 9:00 to 10:00  <b>Let's Play</b> 10:00 to 11:30 1:00 to 3:00		

## Fall Programs

Come check it out!

### Sensory Play

An hour of fun and calming learning experiences that use the senses!

### Wiggle Worms

A busy hour of movement and play to get active with your little ones.

### Tickles and Tales

Read a story and make a related craft to take home!

### Little Chefs

Create a delicious snack, baking or meal with your child!

### Parent Café

A monthly time with varying topics; just for parents to learn and connect while children are cared for in another room.

### Dad-urday

A morning out for Dad and the kid(s)! Come enjoy special activities and a tasty snack. NO MOMS!

### Life After Baby

A casual get together to discuss topics of being a new mom. Childcare and snacks provided.

### Family Fun Night

Join us for a light meal and play time! Watch for other special evening activities!



## Babysitter Meet & Greet

Looking for childcare?  
Know someone wanting to do some  
babysitting?

The Family Centre and Boys and Girls Club are  
hosting a Meet & Greet event to build childcare  
connections!

When: **November 3 from 3:00 to 5:00**

Where: **FCSS/ParentLink Family Centre**

Snacks will be provided

## Special Events this Month

### Toy exchange- November 9-24

Please set aside your new and gently loved children's toys for a clothing swap. Leave toys, take toys or both!

### National Child's Day- November 20

A day to celebrate with your child; the commemoration of the United Nations Adoption of two documents (Nov 20, 1959 and Nov 20, 1989) focused on Children's Rights.

### Special Guest- November 20

Nicole Halliwell a Speech and Language Pathologist will be in the Busy Babies room to answer questions. She will be back in December for a Parent Café!



Ask us how  
to join today!



## At home activity

To do with your child



### Greek Yogurt Breakfast Bark



#### Ingredients:

- Yogurt
- Fruit (fresh or frozen)
- Granola or cereal
- Parchment paper
- Spoons
- Baking sheet

#### Directions:

- Line a baking sheet with parchment paper
- Spread yogurt all over sheet in a **thin** layer
- Scatter fruits all over yogurt
- Sprinkle granola on top
- Put in freezer for a few hours until frozen
- Break apart!

*\*For more fun recipes ideas come see us at the next Little Chef's program!*

*"Time spent playing with children is never wasted"*

*-Dawn Lantero*



Providing programming & resources for  
families with children 0-6 years of age.

November 2017



## Little Chef's



Chop, stir, eat and create!

Located at 4818 7<sup>th</sup> Avenue, Edson  
Lower Level Red Brick Arts Centre  
For more information please call  
**780-723-4338**