



# Spring Break Crash Course Lessons



*Ideal for previously failed levels*

*Preschool & Swimmer levels are 3 hours shorter than regular sessions*

**Preschool Levels: \$20**

**Swimmer Levels: \$30**

<b>PRESCHOOL 1</b> 8 – 8:45 AM	<b>PRESCHOOL 2</b> 8:50 – 9:35 AM	<b>PRESCHOOL 3</b> 10:10 – 10:55 AM	<b>PRESCHOOL 4</b> 10 – 10:45 AM	<b>PRESCHOOL 5</b> 10:50 – 11:35 AM
<b>Swimmers under 8 years of age must have a responsible person 13+ in pool area during swimming lessons</b>				
<b>SWIMMER 1</b> 8 – 9 AM	<b>SWIMMER 2</b> 7:50 – 8:50 AM	<b>SWIMMER 3</b> 9:05 – 10:05 AM	<b>SWIMMER 4</b> 8:55 – 9:55 AM	<b>SWIMMER 5</b> 9:40 – 10:40 AM

## Lifesaving Society Bronze Star

Bronze Star is the pre-Bronze Medallion training standard and excellent preparation for success in Bronze Medallion. In Bronze Star, participants develop problem solving and decision making skills as individuals and in partners. They learn CPR and develop water smart confidence and the lifesaving skills needed to be their own personal lifeguard.

**Prerequisite:** Swimmer 6, Aged 10+

**Dates:** March 25 – 29

**Time:** 8 – 10 am daily

**Fee:** \$70

## Lifesaving Society Bronze Medallion & Cross

Bronze Medallion award teaches an understanding of the lifesaving principals embodied in the four components of water rescue education: judgement, knowledge, skill and fitness. Rescuers learn tows, carries and defenses and release methods in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is the prerequisite for all advanced training programs. Includes CPR C.

**Prerequisites:** Minimum age 13 years, 20 lengths in 15 min, 24 lengths in 18 min

**Dates:** March 26 - 30

**Time:** 8:30 – 3:30 pm daily

**Fee:** \$160

**Registration opens online February 20 at 9 pm or in person at Guest Services February 21 at 9 am. [www.edson.ca](http://www.edson.ca)**