

# July

## 2020

## FCSS FAMILY FUN CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Focus Bag Sign-Up (Ages 60+) Sign-Up Available until July 20 (while quantities last)			1 Happy Canada Day Baby Bag Sign-Up (0-18 Months)	2 Senior Chair Yoga (Ages 60+)	3 Office Closed	4 Hop-A-Park-Day
5	6 Weekly Activity Contest	7 Baby Bag DELIVERIES Father-Daughter Take a Walk Day	8 Family Fun Bag Sign-Up (Ages 1-6)	9 Senior Chair Yoga (Ages 60+)	10	11
12	13 Weekly Activity Contest	14 Family Fun Bag DELIVERIES	15 *Mental Health & Youth Sign-Up (Ages 7-13)	16 Senior Chair Yoga (Ages 60+)	17 Office Closed	18 Dad-urday
19	20 Weekly Activity Contest	21 Grand-Buds	22	23 Senior Chair Yoga (Ages 60+)	24	25
26 National Parents Day	27 Weekly Activity Contest PFA for a Pandemic	28 ★ Mental Health & Youth & Senior Focus DELIVERIES	29 Baby Bag Sign-Up (0-18 Months)	30 Senior Chair Yoga (Ages 60+) International Day of Friendship	31 Office Closed	September 1 ★ Deliveries will be postponed due to staff absence
For more information about upcoming Zoom presentations please call 780-723-8616 or join our group "FCSS Family Fun" on Facebook.			<b>HAPPENING JULY 27 from 9:00 AM to 11:00 AM:</b> <b>Psychological First Aid for a Pandemic, with Children, Youth and Families</b> Join us for a free 2 hour interactive webinar that builds on the foundations of AHS PFA program, providing a compassionate and caring response to address basic, social and emotional needs in the impact and response phase of this pandemic.			

### DAD-URDAY

Ages 4-8 & Dad

One child per pair. \$15/pair. Lunch provided. All Alberta Health Regulations enforced. For more information and to register visit [edson.ca/fcssprograms](http://edson.ca/fcssprograms).

### SENIOR CHAIR YOGA

Ages 60+

Materials provided. Register to participate. Location announced upon registration. Call Ali at 780-723-8616 or email [alicjab@edson.ca](mailto:alicjab@edson.ca) to register.

### GRAND-BUDS

Ages 4-10 and Grandparent

One child per pair. \$10/pair. Snack provided. All Alberta Health Regulations enforced. For more information and to register visit [edson.ca/fcssprograms](http://edson.ca/fcssprograms).

**All Alberta Health Regulations related to COVID-19 will be enforced | Any individuals not adhering to the enforced measures will be asked to leave | Cancellations due to weather will be rescheduled | For more information about upcoming programming please call 780-723-8616**