

August

2020 FCSS FAMILY FUN CALENDAR



Senior Focus Bag Sign-Up (Ages 60+) Sign-Up Available until August 19 (while quantities last)		Join in the fun! National Colouring Book Day is August 2 nd . Check out the Colouring Contest event poster for details on how to enter to win age category prizes!				1
2 Happy National Colouring Book Day!	3 August Long Office Closed Weekly Activity	4 Baby Bag DELIVERIES	5	6 Chair Yoga It's Not Right! Neighbours, Friends, Families Webinar	7	8
9	10 Weekly Activity Colouring Contest Closes	11 Grand-Buds	12 Final Family Fun Bag (Ages 1-6) ORDER Back to Nature Camp	13 Chair Yoga Back to Nature Camp	14 Office Closed	15
16	17 Postnatal Wellness Weekly Activity	18 Family Fun Bag DELIVERIES	19 Final Mental Health & You-th Bag (Ages 7-13) ORDER Senior Focus Bag Sign-up DEADLINE	20 Chair Yoga Healthy Relationships Workshop	21	22 Dad-urday
23	24 Postnatal Wellness Weekly Activity	25 Mental Health & You-th & Senior Focus Bag DELIVERIES	26 Youth Interagency Outdoor Movie (Ages 12- 18)	27 Chair Yoga Healthy Relationships Workshop	28 Office Closed	29
30	31 Mom's Night Out Weekly Activity	YOUTH INTERAGENCY OUTDOOR MOVIE - More information coming soon! <i>Stay tuned for more program and event information!</i>				

DAD-URDAY

Ages 4-8 & Dad

One child per pair. \$15/pair. Lunch provided. For more information and to register visit edson.ca/familyfun.

MOM'S NIGHT OUT

Mom's Only

A night for mom's to get away, socialize and take care of the *most* important person in their lives, *themselves*. For more information and to register visit edson.ca/familyfun

HEALTHY RELATIONSHIPS WORKSHOP

16+

Aug 20 to Sept 24. \$15/person for 6-week workshop. Snacks provided. For more information and to register visit edson.ca/familyfun.

SENIOR CHAIR YOGA

Ages 60+

Materials provided. Register to participate. Location announced upon registration. Call Ali at 780-723-8616 or email alicjab@edson.ca to register.

POSTNATAL WELLNESS

Infants aged birth to 12 months & Mom

Explore and learn topics related to postnatal care for mom and baby. For more information and to register visit edson.ca/familyfun.

GRAND-BUDS

Ages 4-10 and Grandparent

One child per pair. \$10/pair. Snack provided. All Alberta Health Regulations enforced. For more information and to register visit edson.ca/familyfun.

BACK TO NATURE CAMP

Ages 8-12

\$60/child. All Alberta Health Regulations for Day Camps enforced. For more information and to register visit edson.ca.

All Alberta Health Regulations related to COVID-19 will be enforced | Any individuals not adhering to the enforced measures will be asked to leave | Cancellations due to weather will be rescheduled | For more information about upcoming programming please call 780-723-8616