

**PROGRAM DOMAINS**



General Interest & Skills

Community Development



Health & Wellness



Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Community Volunteer Income Tax Program Open Parent Café Podcast 9 PM	<b>2</b> Lunch n' Learn Coping with Stress 12 PM	<b>3</b> Senior Focus Bag Sign-up Family Fun Bag (Birth to 6) Sign up Move Play Learn 10 AM	<b>4</b> Trash to Treasure 7 PM	<b>5</b> Felt Story Friday 10 AM	<b>6</b>
<b>7</b>	<b>8</b> Healthy Masculinity– Day 1 11AM to 3 PM Parent Café Podcast 9 PM	<b>9</b> Healthy Masculinity– Day 2 11AM to 3 PM	<b>10</b> Move Play Learn 10 AM Family Fun Bag Deadline	<b>11</b> Postnatal Wellness 10 AM to 11:30 PM Trash to Treasure 7 PM	<b>12</b> Felt Story Friday 10 AM	<b>13</b> Cook-Along 4:30 PM to 5:30 PM
<b>14</b> Outdoor Photography Contest Deadline	<b>15</b> Parent Café Podcast 9 PM	<b>16</b> Lunch n' Learn Coping with Stress 12 PM Senior Focus Bag Deadline	<b>17</b> Move Play Learn 10 AM Rural Mental Health Project Community Conversation 12 PM	<b>18</b> Postnatal Wellness 10 AM to 11:30 PM Trash to Treasure 7 PM	<b>19</b> Felt Story Friday 10 AM	<b>20</b> Get Connected 1 PM to 3 PM
<b>21</b>	<b>22</b> Better Balance– Starts 11 AM Parent Café Podcast 9 PM	<b>23</b> Senior Focus Bag Delivery Family Fun Bag PICK-UP Get Connected 4 PM	<b>24</b> Move Play Learn 10 AM Joint Effort – Starts 11 AM	<b>25</b> Spring Break Lego Challenge March 24 to April 2 Postnatal Wellness 10 AM to 11:30 PM Trash to Treasure Spring Break– Craft Break	<b>26</b> Felt Story Friday 10 AM YIA Baking 7 PM to 9 PM	<b>27</b> Dad-urday PICK-UP 9 AM to 11 AM
<b>28</b>	<b>22</b> Mom's Night Out 7:30 PM to 9:30 PM Parent Café Podcast 9 PM					

**HIGHLIGHT:**

Visit [Edson.ca/CDprograms](http://Edson.ca/CDprograms) for information and registration (formerly [Edson.ca/FamilyFun](http://Edson.ca/FamilyFun))  
 • Eddie's Big Run– Stay Tuned!

