

PROGRAM DOMAINS



General Interest & Skills

Community Development



Health & Wellness



Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Senior Connection Kit Sign-up	2	3 Senior Social- Walking Group 9 AM	4
5	6 STAT	7 Willmore Walking Group 6:30 PM	8 Functional Fitness 4 Life Begins 7 PM	9 Senior Social- Chair Yoga 9:30 AM	10 Senior Social- Walking Group 9 AM Felt Story Friday 10 AM	11 Road Hockey Rumble Arts on Fire- Nominations Due
12	13 Parent Café Podcast 9 PM	14 Nature Play 10AM Lunch on the Run- Begins 12:10 PM Willmore Walking Group 6:30 PM	15 Senior Connection Kit Deadline	16 Senior Social- Chair Yoga 9:30 AM Downtown Art & Music Walk 4 PM to 8 PM	17 Senior Social- Walking Group 9 AM to 11 AM	18 FCSS Community Pig Roast 12 PM to 4 PM
19	20 Virtual Infant Massage - Begins 5 PM Parent Café Podcast 9 PM	21 Nature Play 10AM Understanding Loss and Supporting Individuals through Grief 12 PM Willmore Walking Group 6:30 PM	22 Sensory Box Launch	23 Writing Contest Deadline Senior Social- Chair Yoga 9:30 AM Trash to Treasure FB Live 7 PM	24 Senior Social- Walking Group 9 AM Felt Story Friday 10 AM Arts on Fire Awards 7 PM to 9 PM	25
26	27 Parent Café Podcast 9 PM	28 Nature Play 10AM Willmore Walking Group 6:30 PM	29	30		



HIGHLIGHT:

- Visit Edson.ca/CDprograms for information & registration
- Check out the Edson Grief & Renewal Tree @ the Edson Library
 - Check out Edson.ca/leisureassist for fee assistance for upcoming programs

