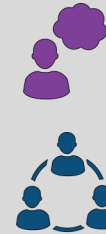


PROGRAM DOMAINS



General Interest & Skills

Community Development



Health & Wellness



Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Senior Social– Walking Group 9 AM to 11 AM	2
3	4 Parent Café Podcast 9 PM	5 Nature Play 10AM Craft Blasts 10:30 AM Willmore Walking Group 6 PM	6	7 Youth Mental Wellness Conference Senior Social– Chair Yoga 2 PM	8 Senior Social– Walking Group 9 AM to 11 AM Felt Story Friday 10 AM	9 Turkey Trot Begins
10	11 Parent Café Podcast 9 PM	12 Why I Love Edson Writing Contest– Deadline Nature Play 10AM Craft Blasts 10:30 AM Lunch Circuits—Begins Willmore Walking Group 6 PM	13 Sensory Play Box Launch	14 Senior Social– Chair Yoga 2 PM	15 Senior Social– Walking Group 9 AM to 11 AM Healthy Relationships Registration ends	16
17 Turkey Trot Ends	18 Better Balance Begins Evening Cycle Begins Parent Café Podcast 9 PM	19 Nature Play 10AM Craft Blasts 10:30 AM Willmore Walking Group 6 PM	20 Senior Connection Kit Deadline Healthy Relationships Begins	21 Senior Social– Chair Yoga 2 PM	22 Senior Social– Walking Group 9 AM to 11 AM Felt Story Friday 10 AM	23
24	25	26 Nature Play 10AM Craft Blasts 10:30 AM Willmore Walking Group 6 PM	27 Pelvic Floor & Core Begins Triple P: Fear-Less Course Begins Halloween Haunt House Decorating Contest Registration Deadline	28 Senior Social– Chair Yoga 2 PM Halloween Haunt Surprise Reveal – watch out on Facebook/ Instagram for more details	29 Halloween Haunt House Decorating Contest Map Released Judging– Evening	30 Halloween Haunt House Decorating Contest Community Voting Begins 31 Halloween Haunt House Decorating Contest Voting Ends @ Midnight



HIGHLIGHT:

Visit Edson.ca/CDprograms for information & registration

- Check out Edson.ca/leisureassist for fee assistance for upcoming programs
- Understanding Dementia and the Importance of Brain Health November 4– Visit Edson.ca/FCSS for details
- Babysitters Courses—Coming soon

