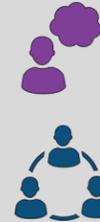


PROGRAM DOMAINS



General Interest & Skills

Community Development



Health & Wellness



Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Community Volunteer Income Tax Program- <i>Continues</i> Senior Social- Walking Group 9:30 AM Discovery Cove Tot Swim 12PM	2 Step it Up Registration <i>Begins</i>
3 Arts Alive March 28th to April 7th	4 Evening Spin & Core— <i>Begins</i> 7 PM	5 Romp & Rhyme 1 PM Lunch Circuits— <i>Begins</i> 12:10 PM to 12:50 PM	6	7 Postnatal Wellness 10 AM Senior Social- Chair Yoga 10 AM Nature Play 10 AM Six O'clock Surprise— <i>Begins</i> 6 PM	8 Senior Social- Walking Group 9:30 AM Parent & Tot Fitness 10:30 AM Discovery Cove Tot Swim 12PM	9
10	11 Volunteer Appreciation Awards Nomination <i>Deadline</i> Rap & Rhythm 3:45 PM	12 Romp & Rhyme— with Seniors 1 PM	13 Rural Mental Health Project Community Conversation 12 PM Rap & Rhythm 3:45 PM	14 Postnatal Wellness 10 AM Senior Social- Chair Yoga 10 AM Nature Play 10 AM	15 STAT	16
17 Happy Easter	18 STAT	19 Romp & Rhyme 1 PM Zumba Gold— <i>Begins</i> 9 AM & 7 PM	20 Senior Focus Bag <i>Deadline</i>	21 Postnatal Wellness 10 AM Senior Social- Chair Yoga 10 AM Nature Play 10 AM Step it Up Registration— <i>Deadline</i>	22 Senior Social - Walking Group 9:30 AM Parent & Tot Fitness 10:30 AM Discovery Cove Tot Swim 12PM	23 Tiny Home Design Workshop 10 AM
24	25 Infant Massage— <i>Begins</i> 1 PM	26 Volunteer Appreciation- <i>Coping with Stresses of Life Presentation</i> 1:30 PM	27 Step it Up Registration <i>Deadline</i>	28 Senior Social- Chair Yoga 10 AM Nature Play 10 AM Volunteer Appreciation- <i>Coping with Stresses of Life Presentation</i> 1:30 PM Smartphone Photography Workshop— 3:45 PM	29 Senior Social - Walking Group 9:30 AM Parent & Tot Fitness 10:30 AM Discovery Cove Tot Swim 12PM	30 Volunteer Appreciation Awards



HIGHLIGHT:

Visit Edson.ca/CDprograms for information & registration

- Community Volunteer Income Tax Program Continues (Edson.ca/FCSS)
- Eddie's Big Run- June 18- Edson.ca

